



community success initiative

HELPING INDIVIDUALS & COMMUNITIES MOVE FROM WHERE THEY ARE TO WHERE THEY WANT TO BE

## Sheldon Howard

When many of us are looking at an age of retirement, Sheldon Howard has renewed his energy for life and social consciousness. Sheldon has made a definitive effort to change the lives of those that come into his path. He shares his life's lessons: the good, the bad and the ugly, in hopes that it will strike a cord within someone to change his/her life.

Hard work is no stranger to Sheldon. As a youth, he worked on his family's farm. This work helped to strengthen him physically and mentally for the challenging times that awaited him.

Sheldon has worked within the educational system for many years, stretching his vast knowledge from being a high school math teacher, varsity basketball and baseball coach to mentor and motivational speaker.

During his educational tenure, he was afforded the opportunity to serve college students as a campus minister for one year and professor of religion and philosophy for 11 years. In addition, Sheldon was a member of The Commission of Chaplains and Armed Forces Personnel in Washington, DC for eleven years, serving as vice president his last 4 years.

To his credit, Sheldon has published a number of journal and newspaper articles. He also has a 350 page unpublished manuscript.

Sheldon loves sports. To be specific—he holds NC State season tickets for football, basketball, and baseball. He's an avid golfer, and gets much relaxation from fishing. Additionally, Sheldon has won several cross country races.



With age comes experience and Sheldon Howard exemplifies this statement!  
Energetic, funny, a zest for life, he brings a special gift in his training sessions and those in attendance walk away with a nugget of knowledge like no other can offer!

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