

Phone: 919.834.7626  
Fax: 919.834.7706  
E-mail: cor@empowerme2day.com  
Primary Business Address:  
1116 N. Blount Street  
Raleigh, NC 27604

## **C.O.R.E.** (Children Of REentry) **YOUTH PROGRAM**

The “hub” of Community Success Initiative’s trainings consists of inspiring people to discover their potential, set worthy goals for their lives, and take action in a positive way. A program consisting of the “**15 Principles of Personal Growth and Leadership** to Take You From Where You **Are** to Where You Want to **Be**” was developed by **Executive Director, Dennis Gaddy**, and is utilized as a core part of these trainings, serving as a common thread to all of our work. Trainings are conducted one-on-one or in groups.

### **15 Principles of Personal Growth and Leadership**

To Take You From Where You **Are** To Where You Want To **Be**

1. You become what you think about
2. Maintain character and integrity at all times
3. Discovering your spirituality and putting it into practice
4. Develop and maintain a positive mental attitude and pleasing personality
5. Establish worthy goals and review them daily
6. Spend quality time with family and those that mean the most to you
7. Establish a sound financial plan
8. Take care of your body and overall health
9. Read daily and increase your knowledge, skills and vocabulary
10. Learn to laugh and have a sense of humor
11. Be a giver
12. Establish and maintain the habit of self-control
13. Always look for ways to improve
14. Understand the principles of leveraging and compounding
15. Take time to measure your activity and progress

#### **Our program includes:**

- Personal development and leadership skills training
- Career Assessment and preparation
- Advocacy for people in transition, the incarcerated and formerly incarcerated.
- Strengthening family units
- Building just and caring communities

#### **Our Youth Program is especially designed for youth ages 14-24 that are either:**

- Currently incarcerated or formerly incarcerated.
- Have one or more parents incarcerated or formerly incarcerated.
- Teen Parents.
- Gang involved or high risk of being involved.
- Involved in some aspect of the legal system

# C.O.R.E YOUTH PROGRAM

## LEADERSHIP & SUCCESS

### PROGRAM DESIGN

The C.O.R.E Program has 5 KEY components designed to motivate, support, and encourage participants to achieve their “Personal Success Plan” through organized, systematic, structured training and mentorship. Participants learn how to become self sufficient, achieving goals in education, career, and personal development. Our 5 component program called “**Project R.E.A.C.H.**” stands for:

1. **Restore:** Through one-on-one mentoring, participants will begin to restore their lives and begin to create a personal plan for success. Mentors will work with participants on developing their plans and creating steps to achieve their goals.
2. **Empower:** Training is offered to participants, under the S.T.E.M. Initiative (Science, Technology, Engineer, Mathematics) to help motivate, encourage, and empower them to explore new career options that have been identified “as high growth for future markets”.
3. **Achieve:** through interpersonal skill building seminars and training, participants will have the opportunity to learn techniques to help with conflict resolution, positive choice selection, and healthy relationship development.
4. **Communicate:** Parents and guardians are required to participate in this section of the program where they will be encouraged to actively participate in sessions designed to teach healthy parenting skills, communication and conflict resolution. These sessions are hosted by certified counselors trained in each of these areas.
5. **Help:** In this experimental skills building component, participants will have the opportunity to learn techniques to positively express their views in an open forum environment. Students will participate in public speaking training that will help participants become community advocates for change.

*Veronique Link, Youth Program Director*, believes, “Knowledge is **NOT** Power, **APPLIED** Knowledge, is Power!” By not only providing the participants with the tools to succeed, but the opportunities to use those tools through hands-on training, internships, volunteerism and job leads, Community Success Initiative’s C.O.R.E Program is offering the opportunity to **APPLY** skills learned to real life situations that will solidify their learning experience and help to give them the confidence to succeed in their life goals.

#### C.O.R.E Provides training in:

- ◇ Goal Development
- ◇ Healthy Parenting
- ◇ Anger Management
- ◇ Financial Literacy
- ◇ Public Speaking
- ◇ Drug Awareness
- ◇ Alternative to Gang Life
- ◇ And many more...

**C.O.R.E Provides Career Training Opportunities in:**

- ◇ A+ Certification Preparation
- ◇ Robotics
- ◇ MS Office 2007
- ◇ Green Technology
- ◇ Accounting/Economics
- ◇ First Aid/CPR
- ◇ C.N.A.
- ◇ Film Production
- ◇ Music Production
- ◇ Entrepreneurship/Business Management
- ◇ More to come...

Before success comes in any man's life, he's sure to meet with much temporary defeat and, perhaps some failures. When defeat overtakes a man, the easiest and the most logical thing to do is to quit. That's exactly what the majority of men do.

**Napoleon Hill**

If someone is going down the wrong road, he doesn't need motivation to speed him up. What he needs is education to turn him around.

**Jim Rohn**

HELPING INDIVIDUALS & FAMILIES MOVE FROM WHERE THEY **ARE** TO WHERE THEY WANT TO **BE**

**Contact:**

**T (919-834-7626**

**F (919)8347706**

**Dennis Gaddy—Executive Director**

**Veronique Link—Youth Program Director**

**Website: [www.communitysuccess.org](http://www.communitysuccess.org)**